



Harbor Heritage University

*College of Women's Interdisciplinary Global leadership in
Anthropology and Social Science*

A Division of The Federation of International Gender and Human Rights
New York, New York

Syllabus for Curriculum

Associate of Arts – Women's College

CIRRICULUM LEAD:

Dr. Ameena Ali, ND (ret), PhD, CBI-B/P, VLM

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ATTENDANCE POLICY:

Lack of attendance *directly* affects the curriculum and your certification.

ACCELERATED PROGRAM DESCRIPTION: Harbor Heritage University is a Sovereign, privately, accredited University based in Gender and Human Rights Studies. This program offers the use and application of mentored compassion, evidence-based cultural, holistic, naturopathic, and social aspects of Emotional Intelligence in Benevolent work, through a wide range of best, evidence-based practices.

This current HHU Program has an emphasis is on the development, sustainment, understanding and recruitment of cultures, ages, lifestyles and religions of those that are subjected to, currently effected by Women in Crisis. This program is derived from the need to have real-time solutions, in place in the way of establishing proper peer-based, education, developing a Human and Gender Rights Crisis Care Management System and setting the tone for this reinvestment in society. This is to include but is not limited to those that have survived a domesticated, personal and community crisis, violence and trauma to include international measures in History of Drugs and Alcohol in the family presence, Childhood Molestation/Familial Incest, Gang exposure and Human and Sexual Trafficking.

Prerequisites: *Successful* registration for the program. Students must have completed their full registration before taking this course. Applicants must be able to register to work with minors or vulnerable populations. Applicants must also register for therapy for any PTSD, Moral Injury Trauma or any Biological, Mental or Emotional Trauma experienced. For Corporate CEU's must complete five (5) of the PLCC programs or be working in Transactional or Evidence Based Trauma Program at least three (3) years prior to taking the course (and be verifiable).

MEETING TIMES: We will meet once a week (on **Thursdays at 10AM EST**) and you will be required to adhere to the dates of class, respectively as worked out at your facility. Your group meeting and participation will be needed for the weekly goals and assignments. Each weekly session should require four (4) to five (5) **hours** of study time and lectures will be solely virtual (via Pre-recorded lecture).

REQUIRED READING: There will be required reading sections for class. Reports will be offered to you and required for your review and testing. These are a few PDF's you are to review and learn from:

1. "The Second Sex" by Simone de Beauvoir: This seminal work in feminist philosophy and literature explores the experiences and oppression of women throughout history. It's included in most gender studies and feminist theory courses.
2. "A Room of One's Own" by Virginia Woolf: This classic essay discusses the importance of economic and social independence for women and the challenges they face in pursuing creative and intellectual endeavors.

3. "*The Yellow Wallpaper*" by Charlotte Perkins Gilman: A short story that explores the mental health of women in the late 19th century and the treatment of women's psychological well-being.

4. "*Combahee River Collective Statement*" (1977): This is a foundational document in Black feminism and discusses the intersectionality of race, gender, and sexuality. It's often read in women's studies and African American studies courses.

It is to be read in no particular order but is required to flow with the teaching instruction. There will be a requirement to read this every week, to complete the readings in totality.

TUTORING: Hours will vary and will be on a first come first serve basis. Students are welcome to email questions or text me times they would like to meet either via in person or via Zoom. You must notify me by *the end of class* (no later than the end of day) if you need time. Our time will be to meet on Saturday or Sunday ONLY as approved and scheduled within your facility and will be on Eastern Standard Time (EST).

MEETING BEHAVIORS: Our behavior should accommodate the rules of this course. You are an advanced Student with required respect and cultural expectations of dignity as a new leader. You are required and expected to conduct yourself respectfully and with dignity knowing that everyone is not where you are mentally, emotionally or psychologically. You are to remember that this is a learning process; while you may be a very seasoned person in your (respective) experiences, we are all in this program to learn and grow TOGETHER in advocacy. So, making sure that you are conducting yourself in a positive manner, there will be no vulgar, harassing or sexually suggestive language, conversations, pictures, GIFs, memes, links, videos, text or social media messages passed during this class.

Per Section 504 of the Rehabilitation Act of 1973 and in accordance with the Americans with Disabilities Act of 1990, regarding Fellows with disabilities, all efforts will be made to accommodate the needs of all students needing services; please let me know about ANY needs that are not met.

EVALUATION:	Sharing and Reading Assignment	15%
	Team Meeting Attendance	15%
	Final Paper	50%
	Externship (TBD)	15%
	Required Visits and Internships (Upon Release)	5%

REQUIREMENTS: There will be In-person meetings, prerecorded lectures, Thesis/Dissertation writing, meeting participation, as requirements, for this Program. All are equally important and will be *required* for completion. Reading assignments MUST be completed prior to meetings and Students should be ready for discussion. There will be other reading offers that will be optional for the student's introspection; topics will be offered but it is encouraged that all students use self-advocacy to complete the recommendation. Late or incomplete work requires approval (at HHU's discretion); failure to do so will marked down your grade ten percent (10%) every day it is late. NO EXCEPTIONS!

TENATIVE COURSE SCHEDULE: (Program is on an accelerated schedule)

Week	Topic	Homework
1	Introduction to Women Studies	See Lecture
2	Introduction to Gender Justice	See Lecture
3	Introduction to Restorative Justice	See Lecture
4	Historical BIPOC Women in Leadership	See Lecture
5	Gender and Leadership In BIPOC Communities	See Lecture

6	Circle processes In Restorative Justice	See Lecture
7	Trauma Informed Approaches in Restorative Justice	See Lecture
8	Restorative Justice and Women in Prisons	See Lecture
9	Intersectionality in Restorative Justice	See Lecture
10	Feminist Theories in Restorative Justice	See Lecture
11	Gender-based Violence and Restorative Justice	See Lecture
12	Advocacy and Activist Legislation and Policies	See Lecture
13	Ethics in Restorative Justice	See Lecture
14	Intersectionality in Leadership	See Lecture
15	Women and the Criminal Justice System	See Lecture
16	Women and Community Education	See Lecture
17	Indigenous Women and Cultural Contexts	See Lecture
18	Women in Social Work	See Lecture
19	Women in Restorative Justice and Research	See Lecture
20	Restorative Justice and Data Collection and Analysis	See Lecture
21	Women in Mental Health	See Lecture
22	Juvenile Justice and Female Juveniles	See Lecture
23	Women in Supportive and Referral Services	See Lecture
24	Women, Mediation and Conflict Resolution	See Lecture
25	Community Engagement in Restorative Justice	See Lecture
26	Data-Driven Decision-Making	See Lecture
27	Cultural Diversity and the Feminine Dynamic	See Lecture
28	Report Writing and Case Management	See Lecture
29	Communication across Cultures	See Lecture
30	Guest Lecturer	NGO/Charity/CSO
31	Corporate Management and its ceilings	See Lecture
32	Soft Skills – 1 – <i>Speaking and Presenting</i>	See Lecture
33	Soft Skills – 2 – <i>Advocating and Representing</i>	See Lecture
34	Introduction to the Corporate Workspace	See Lecture

35	“ <i>Me too</i> ” and the Corporate Woman	See Lecture
36	Privacy and Confidentiality	See Lecture
37	Women, Recidivism and Restorative Justice	See Lecture
38	Communication - 1 (Types)	See Lecture
39	Communication – 2 (Effective Communication)	See Lecture
40	Guest Lecturer	For Profit/Corporate
41	Intro to Ethics and Accountability	See Lecture
42	Effective Leadership	See Lecture
43	Team Management and Building	See Lecture
44	Mandated Reporting Measures	See Lecture
45	“ <i>It takes a Village</i> ” (Community Building)	See Lecture
46	Community Activism vs. Advocacy	See Lecture
47	Community Accountability and Social Forgiveness	See Lecture
48	Term Paper (Draft) – Topic Approval	See Lecture
49	Term paper (Work) – Free Week	See Lecture
50	Guest Lecturer (Live) - Final	Houses of Worship
51	Term Paper (Due)	FINAL
52	Graduation	TBD